#### FROM KATHARINE HOUSE HOSPICE, ADDERBURY

For inclusion in your April/May edition (By email)



### Remember someone special

Purchase a rose and celebrate the life of a loved one at our remembrance event, taking place this year at popular National Trust property, Upton House and Gardens from 18 to 30 June. More than 350 white roses will form part of the stunning temporary installation, with each one hand-crafted especially for Katharine House by British Ironworks in memory of someone special. www.khh.org.uk/rose-remember.

### **Open Gardens galore**

If you love spending time in the great outdoors, then don't miss out on our Open Garden events throughout the spring and summer months. We have some fabulous villages taking part, as well as some private tours and events with limited availability. You can find the full list of our Open Gardens on our website. <a href="https://www.khh.org.uk/gardens">www.khh.org.uk/gardens</a>

# Carers group returns

We are delighted to announce that Living Well's family and carers group, which had to pause during the refurb, is returning to the hospice in early May! The relaxed drop-in sessions help people to share, socialise and reflect with their peers, while our team of specialists provide emotional, practical and financial advice. If you'd like to find out more then email: pallcarelivingwell@ouh.nhs.uk.

#### Easy as ABC

Fundraising can be as easy as ABC... In fact, we have an A-Z of fundraising ideas. So if you're keen to help raise money for our hospice but not quite sure how, then take a look at some of these great suggestions! Let us know – we love hearing about what our supporters get up to. <a href="https://www.khh.org.uk/a-z">www.khh.org.uk/a-z</a>

# A summer of fundraising...

We have loads of great events coming up this summer, so there's bound to be something to suit! As well as our bungee jump, Snowdon hike and skydive, we have walking, running and cycling events on offer. Why not take a look on our website and find the event that's right for you? <a href="https://www.khh.org.uk/events">www.khh.org.uk/events</a>

# Be in it to win it

Would you like to be in with a chance of winning up to £1,000 each week? Of course you would. Playing the Katharine House weekly lottery couldn't be simpler! For just £1 a week, you can be in with a chance of winning one of our 20 weekly cash prizes. When you join the Katharine House Hospice lottery, you'll be supporting local people living with an incurable illness, as well as their families and loved ones. Players must be 18 and over. Find out more and sign up here: <a href="www.khh.org.uk/lottery">www.khh.org.uk/lottery</a>.

### Digital monthly newsletter – keep up to date with your local hospice

Sign up to receive our Katharine House digital monthly newsletter and keep in touch with all our latest news and fundraising events at the hospice. <a href="www.khh.org.uk/newsletter">www.khh.org.uk/newsletter</a>